

Intensive Rehabilitation Solution (IRS)



ADULT PHYSIOTHERAPY



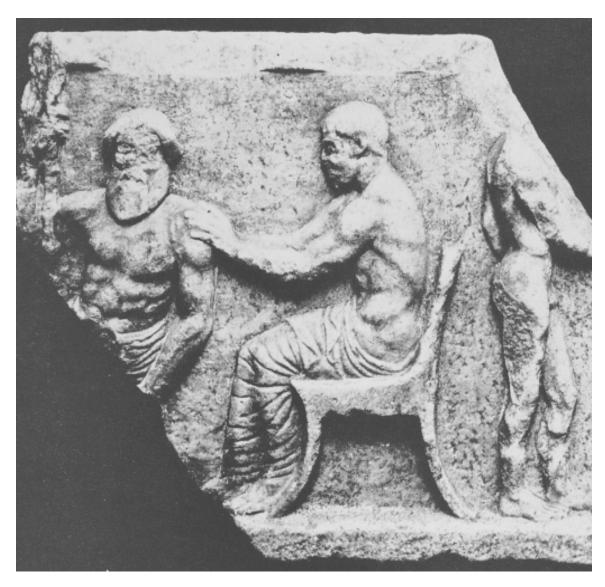
CHILD PHYSIOTHERAPY
(Cerebral Palsy & Others)



AUDIOLOGY & SPEECH







Massage to the shoulder shown at the museum in Cyrene, Libya, thought to be 2000 years old. (By courtesy of the Curator of the Department of Antiquities)



ADULT PHYSIOTHERAPY

For Intensive Physiotherapy Management of

PAIN (Neck/Back/Sciatica/Knee/Shoulder/Arthritis & others)

SPORTS INJURY (Including Taping/Dry Needling)

DIZZINESS & VERTIGO

SPINAL INJURY / PARALYSIS (STROKE) CARE

PRE & POST PREGNANCY CARE

ERGONOMIC ADVICE (For Working professionals)

POST MENOPAUSAL OSTEOPOROTIC PROBLEMS

AGE RELATED PHYSICAL PROBLEMS

(OSTEOPOROTIC / ORTHOPEDIC/ NEUROLOGIC)

ORAL/DIABETIC ULCER TREATMENT BY LASER



CHILD PHYSIOTHERAPY

For Intensive Physiotherapy Management of

CEREBRAL PALSY (CP)

FACIAL PALSY

ERB's PALSY

DELAYED DEVELOPMENTAL MILESTONES

GUILLAIN BARRE SYNDROME (GBS)

SPINAL INJURY

FOOT DROP

NEUROMUSCULAR DISORDERS (including SMA,

Muscular Dystrophy, Congenital Myopathies)



AUDIOLOGY & SPEECH

HEARING IMPAIRMENT (HI – Adult & Pediatric)

DIAGNOSTIC TESTS

(OAE / BERA / TYMPANOMETRY / AUDIOMETRY / VEMP)

TINNITUS MANAGEMENT

HEARING AIDS

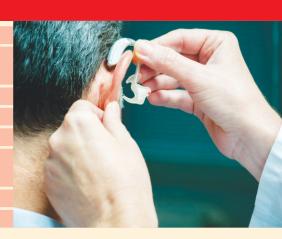
COCHLEAR IMPLANT (Mapping & Support)

SPEECH & LANGUAGE THERAPY

(Dyslexia, Autism, Speech Apraxia & Others)

DYSPHASIA, DYSARTHRIA, DYSPHAGIA MANAGEMENT

STAMMERING & VOICE DISORDERS





A professional

Mentoring

Dr. Ajay Kumar DM, Pediatric Neurology AIIMS, New Delhi



He has a rich experience of over 13 years in treating pediatric patients. He is working in the field of childhood neurological disorders for last 10 years, treating more than 10000 patients with special interest in cerebral palsy (CP) and neurodevelopmental disorders.

Dr. Ajay Kumar is known for accurate and thorough assessment, diagnosis and treatment according to current standards of medical practice. He has a great interest in latest research in the field and transferring the benefits to his patients.

He is the guiding force behind the "Rehabbtouch" and looks after its Pediatric Wing (Nai Ummeed) and consistently participates in quality improvement initiatives. His strict focus on quality & continuous training of staff makes his ventures class apart in the field of rehabilitation.

"Rehabbtouch is a dream project for all of us. We have created a infrastructure that enables a best in class delivery of Physiotherapy, CP and Audiology.

The infrastructure has a sustainable capacity of treatment of more than 250 patients (sessions) a day. We have further ensured to bring in the best & latest physio equipment like Decompression Table, Shockwave, Laser & many more which have compact design & precise engineering to ensure quality result in patient management"

A professional **Clinical team**



Dr. Avinash Shankar MPT (Neuro) MIAP, MDCP

Sr. Physiotherapist

A renowned
Physiotherapist,
with extensive
experience in
dealing with acute &
chronic cases of Pain
management &
spinal cord injury.

Dr. Avinash S has extensively worked in the field of Physiotherapy for 15 years across geography and finally shifted his base to PATNA



Dr. Hemendu K. Singh MPT (Neuro) MIAP, MDCP Sr. Physiotherapist

Dr. Hemendu is a known figure in the field of Physiotherapy in Bihar.

As co-founder of 'Nai Ummeed' (dedicated centre for cerebral Palsy) he is credited with seeing more than 5000 cases of CP

He specialises in Sports Injury & Pain Management



Dr. Aditi Shekhar MASLP (Manipal Uni) Consultant Audiologist & Speech Therapist

Dr. Aditi Shekhar has enriching experience of 12+ years working with key organisation like Widex, Amplifon, MED-EL.

She specialises in Speech, Language & hearing services. She was an integral part of MED-EL Cochlear Implant Program (2016-2021), running in AIIMS (New Delhi) Ganga Ram Hosp, Ram Manohar Lohiya Hosp & other key hospitals

A professional

Management team

Sarbada Shankar Lal Business Head & CFO

(Ex- Brand Head-Bharti Airtel, CMO-MTS Sistema Shyam, Marketing Head (India)-d.light energy)

Sarbada is a Business Leader and Entrepreneur with extensive experience of 20 years having served various corporate sectors like Media, Telecom, Automobile, Energy, Healthcare & Special Care. His core area of Expertise are Business operations Finance, Brand Marketing and Sales.





Advantage

Custom designed & tailor made infrastructure to deliver best therapeutic intervention

Latest & best-in-class equipment & technologies
- An inclusive part of treatment protocol

Core in-house team to lead the medical & physical therapy management

A team belief in - 'Miracles do happen'





Physiotherapy is recognized as an essential part of a modern healthcare. It is a leading method for optimizing recovery and healing process with complete assessment, multidimensional and holistic approach to maintain, improve and recover from impairment.

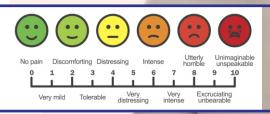
An effective rehabilitation program can help maintain a patient's quality of life (QOL), as well as maximize the patient's physical and psychosocial functions. It can also help minimize secondary comorbidity, prevent or limit physical deformity and allows the patient to integrate into society.

Our team has wide range of skills and expertise in all aspects of modern physiotherapy techniques to deal with ailments in adults, adolescents and children.





Neck
Shoulder
Back
Knee
Sciatica
Arthritis & others



Spinal Decompression Table

We deploy Spinal decompression therapy also known as non-surgical spinal decompression, is a practice that utilizes spinal decompression tables to relieve pain by creating a scenario in which bulging or herniated disc tissue is able to move back into place and heal, alleviating the pain this condition causes.

Spinal decompression therapy aims to help patients who suffer from debilitating pain due to bulging, degenerating, or herniated discs. It can also be used for the pain management and treatment of many causes of sciatica, injured or diseased spinal nerve roots, and worn spinal joints.





NOW IN PATNA



SPORTS INJURY MANAGEMENT

Bursitis
Strain / Sprain
Periosteal pain (Shin splint)
Post surgical orthopedic (Fracture) rehab

Rotator cuff Injury
Ankle Sprain
ACL injury
Tennis Elbow

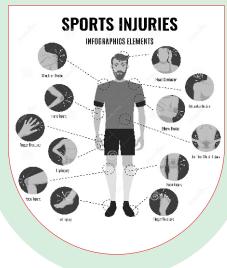
Tendinitis



Theraband Rehab & Wellness Station

1st compact multi dimensional wall mount system that provides in-clinic strength, balance, ROM and core training.







NOW IN PATNA



DIZZINESS & VERTIGO MANAGEMENT

Benign paroxysmal positional vertigo (BPPV)

Meniere's disease

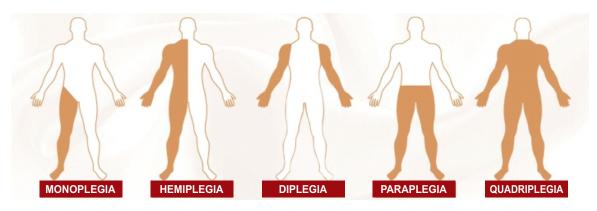
Vestibular neuritis or labyrinthitis

Age related dizziness / imbalances



spinning in circles, intoxication, medication side effects or standing up too quickly – Meet your doctor

PARALYSIS CARE



STROKE
HEAD INJURY
TRAUMATIC SPINAL CORD INJURY
INFECTIOUS & AUTO IMMUNE DISORDERS
DEGENERATIVE BRAIN & SPINAL CORD DISORDERS





Intellect Neo (Combination Therapy)





Benefits

- Relaxation of muscle spasms
- Prevention or retardation of disuse atrophy
- Increases local blood circulation
- Muscle re-education
- Maintains or increases range of motion
- Immediate postsurgical stimulation of calf muscles to prevent venous thrombosis

Additional Benefits

- Temporary symptomatic relief or management of chronic, intractable pain
- Temporary relief of post -traumatic acute pain
- Temporary relief of post-surgical acute pain.

Tech Laser SS-1000

Advanced Scanning Laser Therapy machine which delivers a combination of RED and IR LASER through Scanning Laser.

Scanning mode of treatment is very easy to use and very effective method of delivering even dose to multiple trigger points simultaneously.



Gait Training on Treadmill

Gait analysis and training by generating sound evaluation of treadmill. Treadmill assists in moving the limbs while giving gait training and hoists provides security against injury/fall





PRE & POST PREGNANCY CARE

Diastasis recti

Pregnancy induced Back pain

Carpal tunnel syndrome

Bladder Incontinence



HOW SITTING ALL DAY AFFECTS THE BODY

TRAPEZIUS MUSCLE
GETS STRAINED
DISCS IN LOWER BACK
BEGIN TO BULGE
HIPS GETS WEAK
KNEE PAIN DEVELOPS
SCIATICA DEVELOPS

FEET BECOME FLATTER







In Pediatric physiotherapy we provide specialized physiotherapy treatment for children aged between 0 - 18 years who have physical / neurological and / or developmental problems.

Neurological disorders can result from abnormalities in the brain, spinal cord or peripheral nerves.

Babies and / or children with neurological conditions may have difficulties with their physical functions including mobility, muscle strength, range of movement and balance.

Our clinical experts assess, diagnose and treat Neurological, Developmental, cardio respiratory and Musculo-skeletal dysfunctions with a focus on improving function and increasing independence.



We take care of FACIAL PALSY / ERB's PALSY

FACIAL PALSY

Weakness of facial muscles mainly resulting from temporary or permanent dysfunction of the facial nerve

ERB's PALSY

Arm weakness & Loss of motion, due to Physical injury (during difficult delivery) in a new born ERB's PALSY

Proud collaboration with "Nai Ummeed" (A unit of Laxmi Smriti Sewa Sansthan) for technical & therapeutic support





Kids can outgrow or catch up from developmental delays

Conditions that can cause developmental disabilities include Cerebral Palsy

Down's Syndrome / Fragile X Syndrome

Brain Injuries

Spina Bifida

Genetic Metabolic Disorders

Neurocutaneous Disorders

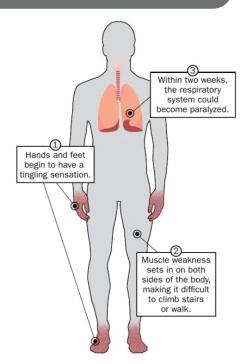
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REHABBTOUCH



Rehabilitation in Guillian Barre syndrome



common form of neuromuscular paralysis.

and preventive measures to minimise long n complications. Specific problems prevention, complications of immobility, autonomia, de-afferent pain Longer term issues include psychosocial stment, return to work and driving family and community. Effective communication between the GP and improved functional outcomes and

Guillain Barre syndrome (GBS) is the most common form of neuromuscular paralysis in developed countries. The incidence in Australia is similar to that of the United States of 1-2 cases per 100 000 annually, with a male-female ratio of 2:1.1 The mortality Guillain Barre syndrome is immune based

of the condition in Australia is less than 1%.2 Guillain Barre syndrome often affects treatment for patients recovering from GBS. young people - with a relatively long life expectancy – and is therefore an important cause of long term disability for those patients with residual deficits. Most patients with GBS are discharged home with outpa-tient and home rehabilitation programs. However, 40% of all GBS patients require inpatient rehabilitation (especially those requiring ventilatory support). Although general practitioners may see GBS sufferers infrequently in their practice, the needs and issues of these patients and their families are

The most common type of GRS is acute inflammatory demyelinating polyradiculoneu-ropathy (AIDP). Other axonal subtypes include: acute motor axonal neuropathy and acute motor and sensory axonal neuropathy.

Variants of GBS include Miller Fisher syndrome (cranial nerve involvement, ataxia) and

tures of GBS are shown in Table 1, the frequency of specific symptoms in Table 2, and differential diagnosis in Table 3.

Actiology and pathogenesis

often acute fulminant demyelinating inflammatory poly neuropathy. Sensitisation of T lymphocytes to protein in the myelin sheath is necessary for disease induction.¹ Patchy areas of demyelination occur along peripheral nerves, nerve roots and myelin sheaths as a leading to slow conduction velocity and conduction blocks. In axonal neuropathies, the conduction velocity is normal, but the number of functional motor units is decreased.⁴ Cerebrospinal fluid (CSF) protein levels are elevated in the second week of illness. Within 2-3 weeks of the demyelina tion process, the inflammation resolves and

Up to 60% of patients have had a preced ing upper respiratory illness.4 However, about 27% of patients with GBS have no identified preceding illness. Infection with cytomegalic virus (CMV) and Campylobacter jejur

We take care of GUILLAIN BARRE SYNDROME

A condition in which the immune system attacks the nerves.

The condition may be triggered by an acute bacterial or viral infection.

Symptoms start as weakness in the feet and legs that spread to the upper body.

Paralysis can occur.



Proud collaboration with "Nai Ummeed" (A unit of Laxmi Smriti Sewa Sansthan) for technical & therapeutic support













We take care of SPINAL INJURY / FOOT DROP

Injury to Spinal cord in children leads to many complexities which needs specific and immediate attention such as:

Paraplegia / Paresis
Quadriplegia / Paresis
Bedsores / Ulcers
Bladder & Bowel problems

Unlike adults, bodies of children are still developing and a Spinal Cord Injury (SCI) can significantly affect growth and posture.

Luckily, spinal cords of children are extremely adaptive and can rewire themselves much quicker than those of adults through consistent practice, as long as their SCI was an incomplete injury.

Proud collaboration with "Nai Ummeed" (A unit of Laxmi Smriti Sewa Sansthan) for technical & therapeutic support





REHABBTOUCH

Ceiling Harness

Ceiling harness/hoists used for the gait training/transfer. It reduces the risk of injury to patients as well as therapist while gait training/transfer procedures.



It helps Stroke/Paralysis/
Cerebal Palsy patients
walk longer and faster.
Gait speed is an important
metric of safety as walking
faster indicates that an
individual can more safely
negotiate the community
and respond to challenges
in the environment,
like uneven surfaces or
when they experience a
perturbation.





The Audiology and Speech Clinic is an integrated mixture of experience and technology in the field of Hearing and Speech Impairment.

Our qualified audiologists and speech language pathologists identify, evaluate and provide treatment for children and adults with Speech, Language and Hearing needs.

Services provided

Evaluation and diagnosis of hearing loss
Evaluation and diagnosis of vestibular (balance) disorders
Fitting, Programming and dispensing of Hearing aids
Tinnitus management
Post Cochlear Implant mapping and support
Speech & Language Therapy
Auditory verbal Therapy



Pure Tone Audiometer

For identification of hearing threshold levels of older children (>5 yrs) and adults, enabling determination of the degree, type and configuration of hearing loss.



Tympanometer

For evaluation of the middle ear condition, elasticity of the eardrum, movement of the ossicles, function of the eustachian tube and middle ear pressure.



Cochlear Implant Mapping

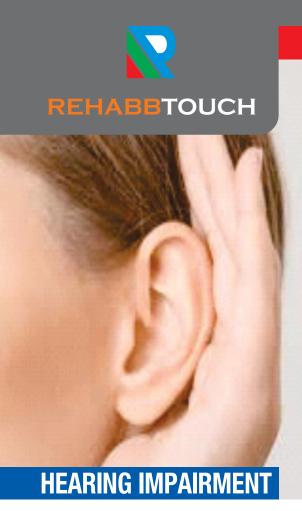
It involves programming of Cochlear Implant device through adjusting the stimulation levels of the internal electrode arrays so that the user can hear wide range of sounds.



OAE & ABR

Electrophysiological tests ideal for Universal Newborn Hearing Screening programmes, paediatric assessments and assessment of hearing sensitivity in difficult to test population.

It's the fastest screener available with the freedom of unique secure WIRELESS connectivity.



CONGENITAL AND **ACQUIRED**





Audiology Room



Invisible Hearing Aid



Cochlear Implant



Neonatal Hearing Screening (NHS)

TINNITUS

MANAGEMENT



DO YOU HEAR

Ringing?

Buzzing?

Chirping?

Whistling?

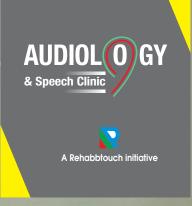


TAKE A TINNITUS TEST

"Tinnitus test helps to diagnose and measure the severity and impact of the problem."







SPEECH & LANGUAGE THERAPY

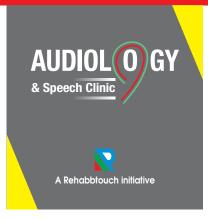
THERAPEUTIC SERVICES

- Speech & Language Therapy
- Software Module based Therapy
- Feeding & Swallowing management
- Misarticulation Therapy
- Therapy for Voice & Fluency disorders
- Auditory RE (HABILITATION)

"A proper protocol is followed to test the Speech & Language skills and goals are set to upgrade the same"



We follow Global standards of Assessment for Impairment & Severity



ASSESSMENT PROTOCOL (DYSPHASIA)

	INFORMAL TESTS	STANDARDISED TESTS
	Conversation based	Baseline measurement
	Reading	Need based treatment plan
	Writing	
	Understanding	
	Speaking	
١	Everyday abilities	

DYSPHASIA, DYSARTHRIA, DYSPHAGIA



STAMMERING & VOICE DISORDERS

Occurs with other speech or language problems.

Occurs with muscle tightening or visible struggling to speak

Adversely affects school, work or social relationships

We have trained and dedicated
SPEECH LANGUAGE PATHOLOGIST to take care of our patient



Exclusive Retail point for Rehabilitation Equipment

Mission

Enable the impacted to undergo Rehabilitation and lead a productive life with the optimum level of independence, and facilitate re-integration into the community

The R Store

'R Store' is a retail entity of Rehabbtouch Physiotherapy and Rehabilitation Pvt Ltd.

Product Offerings & Product Development

The products in offer are sourced from some of the best market place, designed and customised by an efficient team of prosthetic and orthotic Engineers.

Value for Money Fits not all but you

Quality Quality Assurance (QA) Quality Checks (QC)

SUPPORT & BRACES



SB-1 Cervical Aids



Back & Thoracic support





SB-3 Shoulder, Arm & Clavicle support



Hip, Knee & Leg support

MOBILITY AID & ASSISTIVE DEVICES



Wheelchair



Commode Chair



Walker / Walker Rollators

SPECIAL FOOTWEAR FOR DIABETIC PATIENTS & SPORTS PROFESSIONALS





SPECIAL AID AND DEVICES

Cognitive impaired children with autism, Down's syndrome & Intellectual disability



WALK IN RETAIL - NOW IN PATNA

www.rehabtouch.com

R STORE

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